



Community Engagement

HKU Faculty of Dentistry visits St James's Primary School

25 May 2009

Representatives of the HKU Faculty of Dentistry and Prince Philip Dental Hospital were invited to visit St James's Primary School, Causeway Bay, to lead an interactive lesson on children's oral health on the morning of 25 May 2009.

After Dr Chun-hung Chu (pictured, far right) gave an introduction about teeth and gums, the more than 125 nine- to ten-year-olds split up into 10 groups for a half-hour interactive session on oral hygiene and healthy living. Dr Chu, Ms Cordeila Chan, Ms Celia Chan, and eight first-year student dental hygienists led the groups in demonstrating proper tooth brushing technique on a mouth model, and handed out disclosing tablets to show up plaque for the children to see.



The group leaders also emphasised the value of exercise, having a healthy, balanced diet, and ways of preventing tooth decay. At the end of the lesson, all children received toothpaste and a toothbrush, donated by Colgate. "The kids had fun and at the same time learnt about the importance of good oral hygiene and healthy habits," says Dr Chu. "We had fun, too, and hope to make school visits a regular hospital student activity."

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Knowledge exchange (KE) at the HKU Faculty of Dentistry (<http://facdent.hku.hk>) aims to maintain a two-way dialogue between the Faculty and all sectors of the community. The Faculty's KE strategy, public education, and community activities form part of the Faculty's fourth mission of "engagement". We will be pleased to consider any suggestions or comments, or community/school invitations; please e-mail dentktu@hku.hk