HKU Faculty of Dentistry holds public exhibition on World Oral Health Day

More than 450 visitors attended an Oral Health Exhibition held by the Faculty of Dentistry at The University of Hong Kong on Thursday, 20 March 2014 to mark World Oral Health Day.

With the theme of “Celebrating healthy smiles”, the one-day exhibition in the main lobby of the Prince Philip Dental Hospital provided the public with oral health information via poster boards and leaflets, quizzes to check oral health knowledge, door souvenirs, and a prize draw. Faculty staff and students also offered individual consultations to check brushing and flossing technique and to answer questions on oral hygiene and health.

At the opening ceremony, Dean Prof Edward CM Lo explained that World Oral Health Day is promoted each year by the FDI World Dental Federation (www.fdiworlddental.org), in recognition that 90% of the world’s population will suffer from oral diseases—many of which are preventable—in their lifetime.

The three key messages of the Faculty’s Oral Health Exhibition were to celebrate healthy smiles throughout life, by actively protecting oral health through (1) Healthy eating; (2) Effective home oral care, such as brushing teeth twice a day, flossing daily, adding the use of mouth rinse, and chewing sugar-free gum if unable to brush after meals; and (3) Regular dental visits.

In addition, the winning entries of the Faculty’s World Oral Health Day 2014 Art Contest and Photo Contest were on display throughout the week. The winners were as follows:

School Art Contest
Primary school category
Winner:
Ms Wing-kwan Ma, St Bonaventure Catholic Primary School
Runners-up:
Mr Ue Man, Kwong Ming School
Ms Wing-tung Fung, Good Hope Primary School cum Kindergarten
Ms Yik-hei Lai, Good Hope Primary School cum Kindergarten

Secondary school category
Winner:
Mr Chun-yin Lam, Queen's College
Runners-up:
Ms Hoi-ching Ko, Ning Po College
Mr Fredrick YH Cheng, Queen's College
Mr Chun-ho Chang, Queen's College

Photo Contest
Winner: Dr Ying Cao (PhD student)
Runner-up: Dr Elaine Yiu (BDS 1999)
Honourable mention: Ms Jill SJ Xie (PhD student)

Taking part in the event were staff volunteers Dr Chun-hung Chu, Dr Gillian Lee, Dr Yanqi Yang, Dr Mei Lei, Sau-wan Cheng, Joann Zhao, Manson Tong, Sherry Gao, and Rita Suen, and student volunteers Louis SH Wong, Cheryl CW Chan, Courtney WY Heung, Ken MH Cheung, Hoi-ting Cheung, Dennis TF Tse, and Cao Ying.

The Oral Health Exhibition was organised by the Faculty’s Knowledge Exchange Unit with financial support from the HKU Knowledge Exchange Fund; oral health leaflets were donated by the HKSAR Department of Health, and products were donated by Wrigley (HK) Ltd and Johnson & Johnson (HK) Ltd.

The Faculty blogsite for this event can be found at: http://tiny.cc/p7j2ex. The Faculty website photo album for this event can be found at: http://facdent.hku.hk/gallery/index.php?album=wohd-2014.

For more information about the HKU Faculty of Dentistry, please visit http://facdent.hku.hk; Facebook page: www.facebook.com/facdent

Media contact:
Ms Sau-wan Cheng, Knowledge Exchange Officer, HKU Faculty of Dentistry; Tel: 2859 0410; E-mail: dentke@hku.hk