HKU Faculty of Dentistry students help the elderly community

13 & 27 April 2013

The Dental Public Health Committee (DPHC) of the Dental Society, HKU Students’ Union, for Session 2012-13 organised three community visits in April 2013 to promote oral health among the city’s elders.

On 13 April 2013, the DPHC visited the Sik Sik Yuen Ho Kin District Community Centre for Senior Citizens and on 27 April 2013, they visited the Hong Kong Sheng Kung Hui Welfare Council Western District Elderly Community Centre as well as the SAGE Chan Tseng Hsi Kwai Chung District Elderly Community Centre.

Under the leadership of the DPHC Chairperson Ms Jessie HC Cheung, and Vice Chairperson Mr Dennis WK Wong, the student group gave presentations on common oral problems encountered by senior citizens, with appropriate advice on how to prevent or seek treatment for those problems.

The student volunteers also gave small-group demonstrations on proper brushing and interdental cleaning technique, as well as on the best methods of denture care. About 50 senior citizens attended each of the three health promotion visits. Oral health care products that were donated by Oral B and Colgate were given out to the participants.

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Knowledge exchange (KE) at the HKU Faculty of Dentistry (http://facdent.hku.hk) aims to maintain a two-way dialogue between the Faculty and all sectors of the community. The Faculty’s KE strategy, public education, and community activities form part of the Faculty’s fourth mission of “engagement”. We will be pleased to consider any suggestions or comments, or community/school invitations; please e-mail dentke@hku.hk.

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