



Quitting smoking

- (1) Use the information on the [Patient Page on quitting smoking](#) to find words that are connected with quitting smoking. Or:
- (2) Find words that may be connected with quitting smoking, and then check your answers against the [Patient Page on quitting smoking](#).

See below for tips. Click [here](#) for the solution.



Tips for Patient quiz

Triggers, Walking
 Reward, Sleep, Support, Talking,
 Motivators, Persevere, Record,
 Friends, Health(y), Hotline, List,
 Colleagues, Daily, Family,

Knowledge exchange (KE) at the HKU Faculty of Dentistry (<http://facdent.hku.hk>) aims to maintain a two-way dialogue between the Faculty and all sectors of the community. The Faculty's KE strategy, public education, and community activities form part of the Faculty's fourth mission of "engagement". We will be pleased to consider any suggestions or comments, or community/school invitations; please e-mail dentktu@hku.hk



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